

Q1. How many of us have experienced one or more of these emotions in the past few days and week?

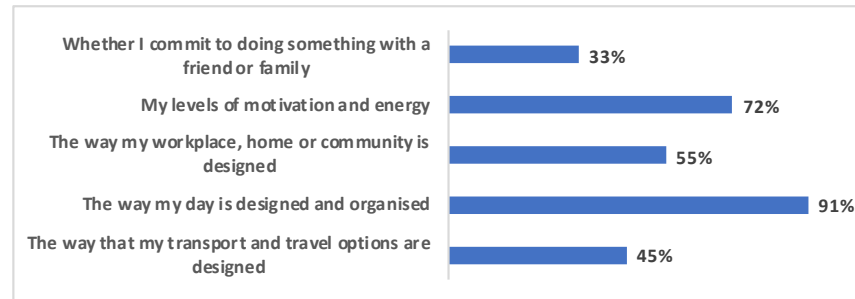
Yes	94%
No	6%

Q2. And, let's be honest..we're amongst friends! How many of us have used one or more of these things to help us feel better?

Yes	75%
No	25%

Q3. What will influence how much you move today? (select multiple)

The way that my transport and travel options are designed	45%
The way my day is designed and organised	91%
The way my workplace, home or community is designed	55%
My levels of motivation and energy	72%
Whether I commit to doing something with a friend or family	33%



Q4. What are you paying most attention to currently? (select one)

Strength of shared purpose	23%
Changing the lens	11%
Growing conversations	36%
Re-thinking measurement	11%
Learning culture	19%

