What do we mean by Active Environments?

Creating the Places and Spaces for people to be more active

The benefits of green space on individual mental health and wellbeing are well documented.

It is less well understood that aspects of where we live and the physical environment around us can both encourage and discourage people to be more active

Look at environments collectively

Neighbourhoods

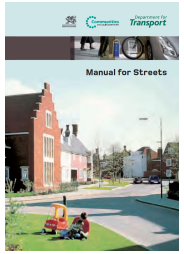
National Guidance

Active Design
2015
Sport England,
Public Health England

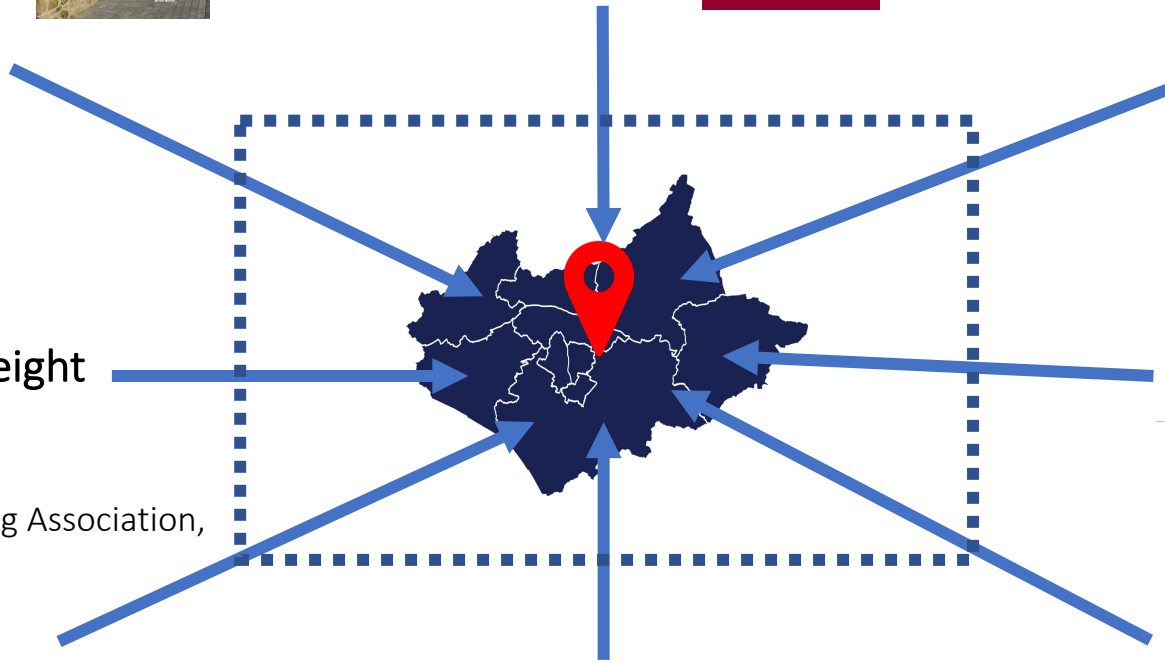
Building for Life 12
2015
Design Council,
Design for Homes,
Home Builders Federation

Spatial Planning for Health
2017
Public Health England

Healthy New Towns
2019
National Health Service



Manual for Streets
2010
Department for Transport

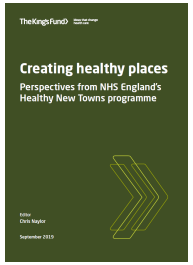


Planning Healthy-Weight Environments
2014
Town and Country Planning Association,
Public Health England

Shaping Healthy Places
2019
Local Government Association,
District Councils' Network

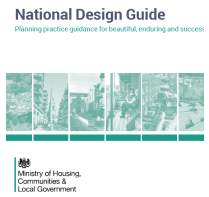
Planning 2020 (The Raynsford Review)
2018
Town and Country Planning Association

Healthy Placemaking
2018
Design Council



Creating Healthy Places
2019
The King's Fund

Physical Activity and the Environment
2019
National Institute for Health and Care Excellence



National Design Guide
2019
Ministry of Housing, Communities & Local Government

Filling the Implementation Gap - developers

Barriers – ppm time, vfm arguement

Challenge “show me where it works”

Demonstrators & tools - ROI

bre

New Quality Marks

New Scheme inc evidence & AD

OUTCOME – Higher returns for shareholders

Benefit - Higher quality happier place, increase in house prices

Benefit – achieve PP faster (QM & health impact)

Benefit – less £ into S106/CIL demonstrate health, envt ROI etc.

OUTCOME - Increase in Physical Activity through every day lives

Delivering Active Environments

Structure

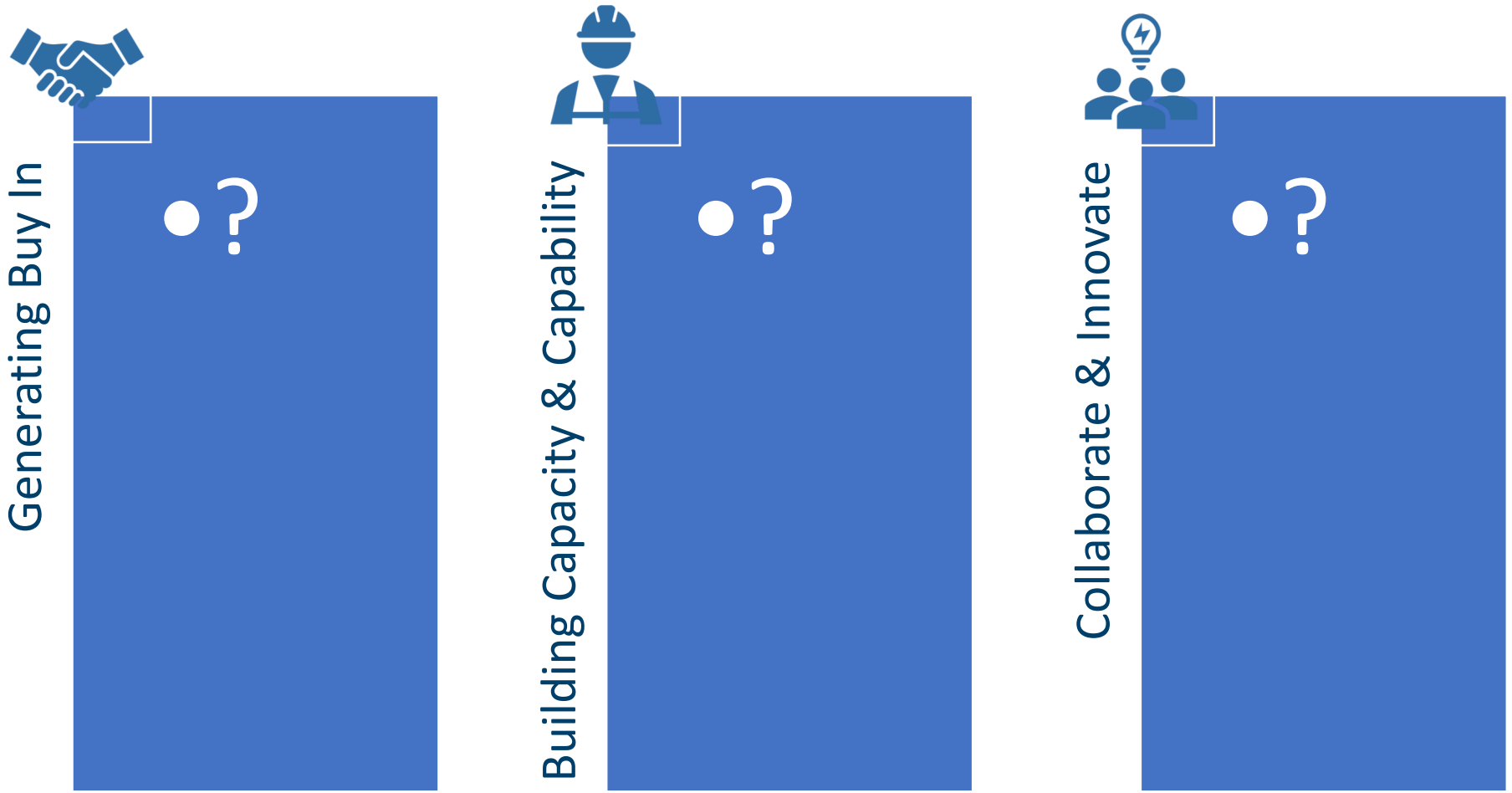
Common Purpose

Area of Influence

LEICESTER-SHIRE & RUTLAND SPORT
PHYSICAL ACTIVITY & WELLBEING

The Active Environments & Local Partnerships

Potential Areas of Interest:



SPORT ENGLAND